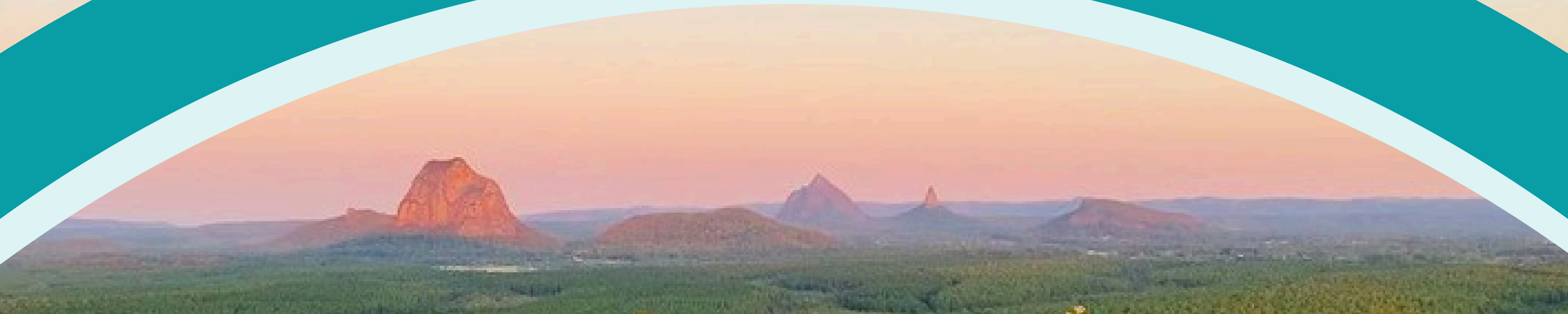


# PEAKS 4 KRISTEN 2025



HIKING 5 OF THE GLASS  
HOUSE MOUNTAINS IN  
ONE DAY FOR

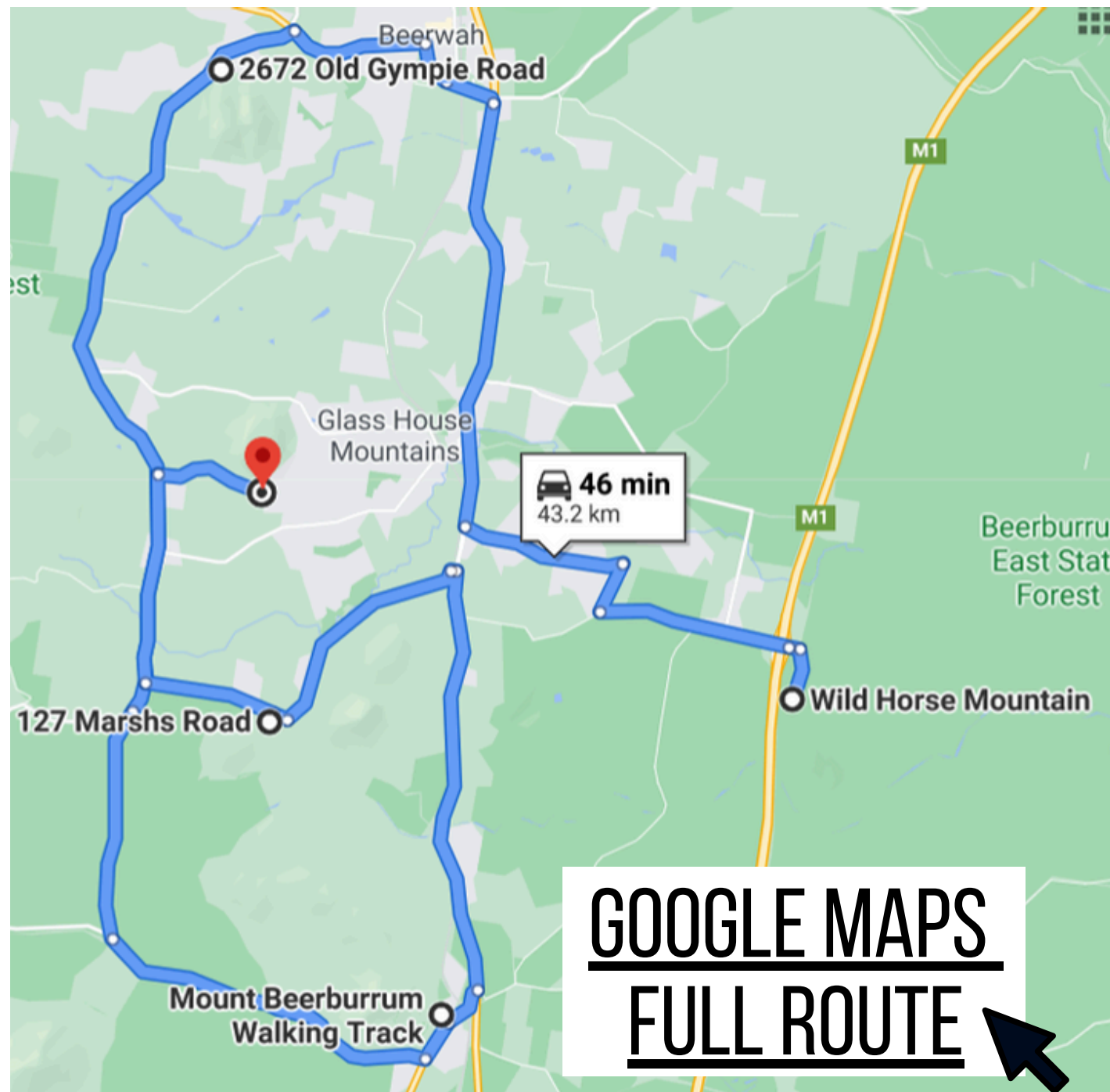


KRISTEN'S  
LIVING  
LEGACY

FUNDING OVARIAN  
CANCER  
RESEARCH



# DAY OVERVIEW



1. Wild Horse 1.6km
  2. Coochin Twins 2.4km
  3. Beerburrum 3.5km
  4. Tibberoowuccum 1.8km
  5. Ngungun 2.9km
- =12.2km

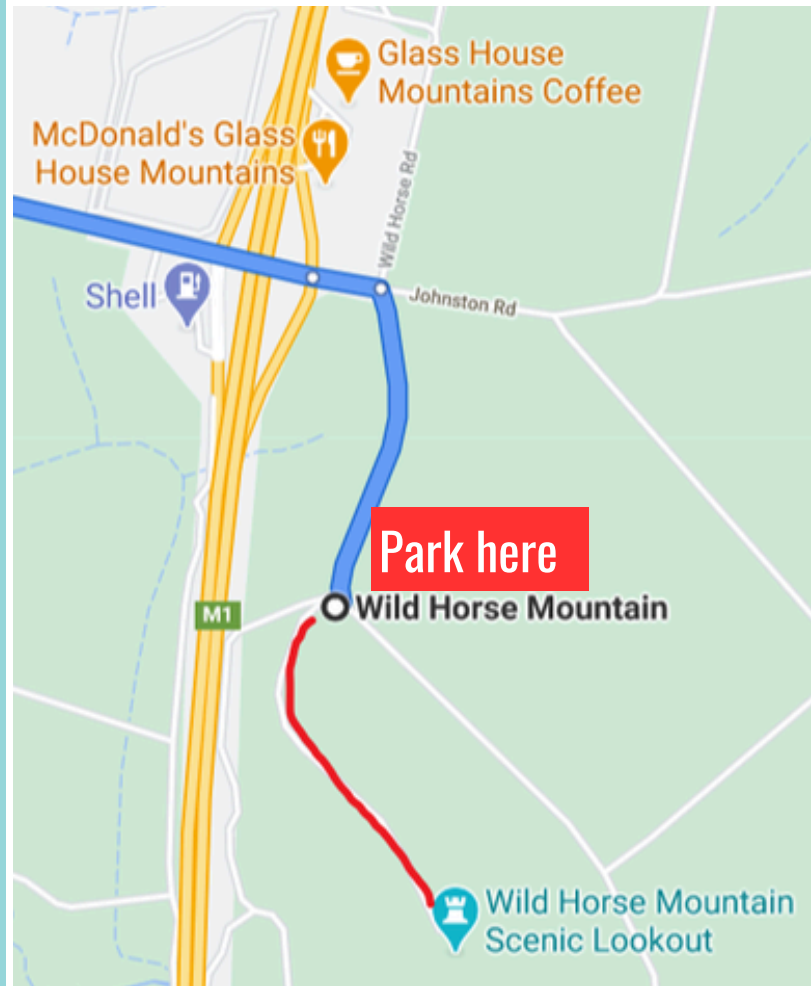
Total elevation gain = 750m

Total elevation above sea level = 1111m





# 1. WILD HORSE MOUNTAIN



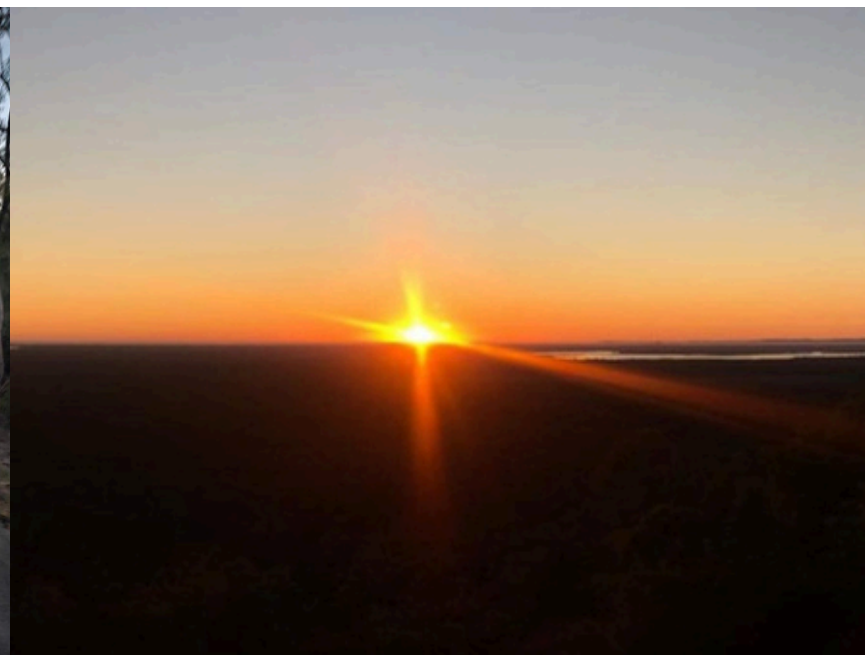
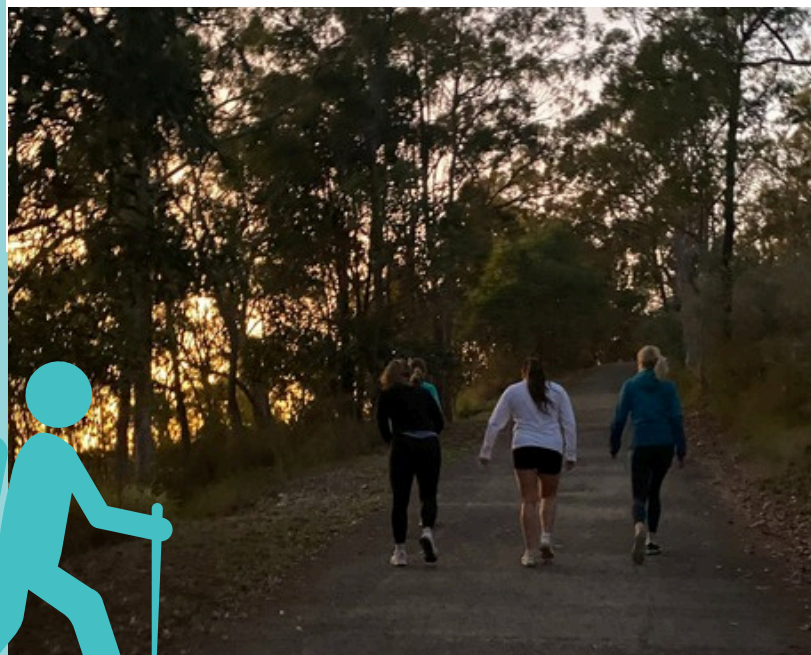
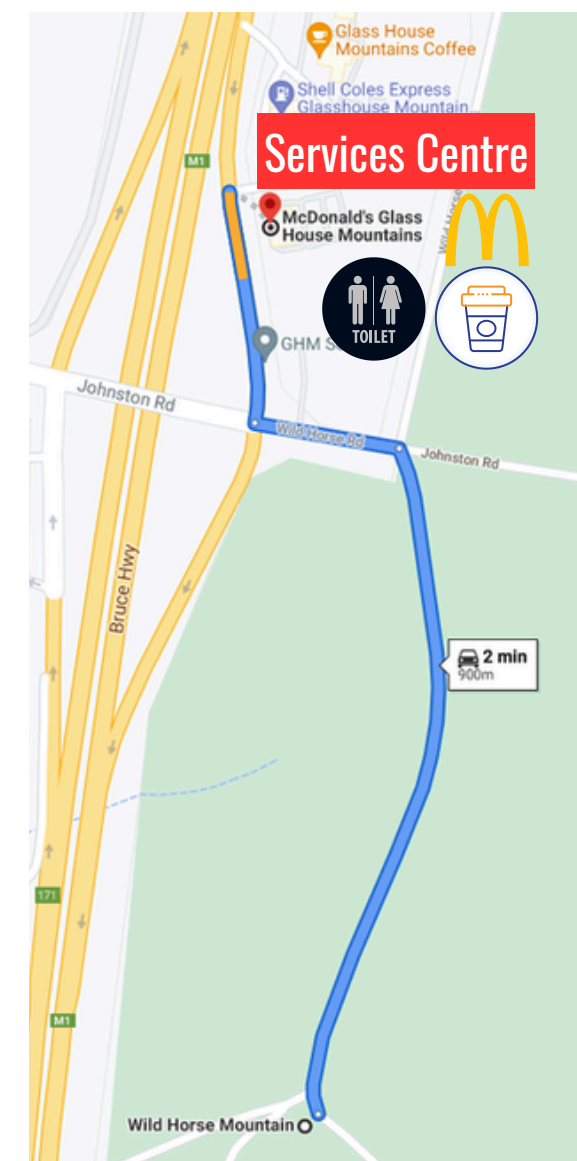
- 5.30 Meet group in car park** Dress warm, it's cold! (and dark)
- 5.45 Begin hike (10min)** (Dawn/first light: 5:38) (Sunrise: 6:02)
- 6.00 Official Welcome at Sunrise!**
- 6.10 Hike back to car park (10min)**
- 6.20 Drive to Services: bathroom/breakfast (30min)**
- 6.40 Drive to Mt Coochin (21min)**

**ADDRESS: "WILD HORSE MOUNTAIN"**



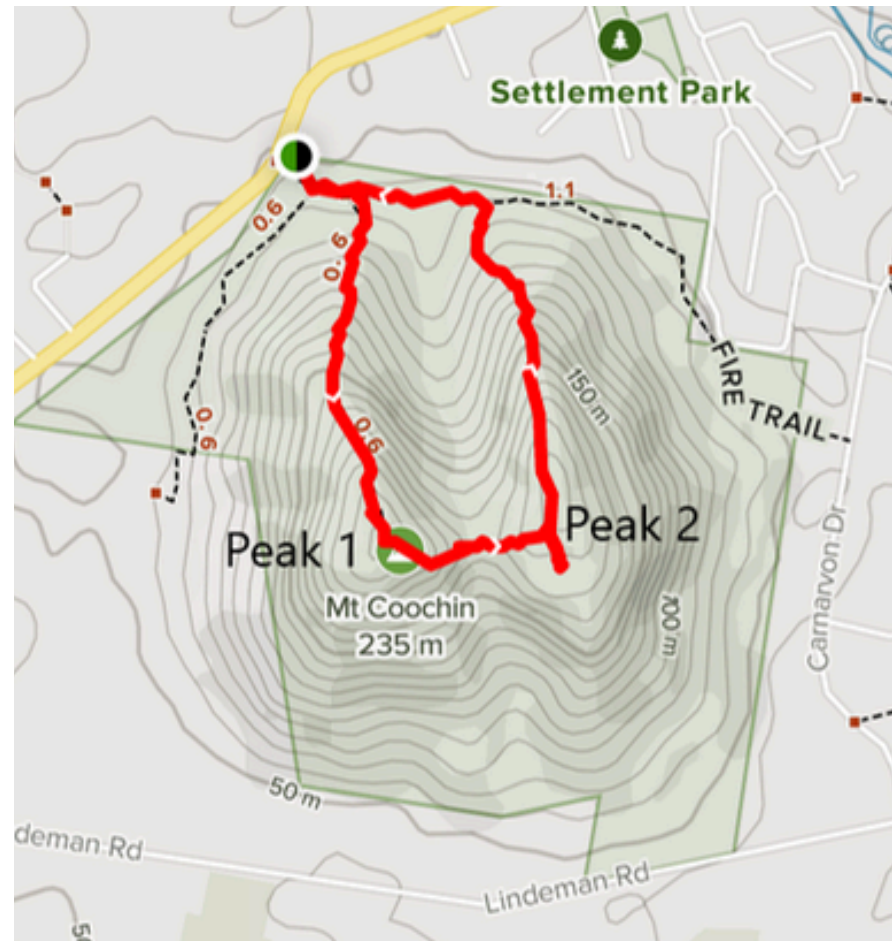
\*Note there are no toilet/food options at Mountain #2.

- About:
- 1.6km return
  - Elevation gain 87m
  - Elevation above sea level 123m
  - Concrete path from carpark to fire tower lookout





## 2. MOUNT COOCHIN (TWIN PEAK)



**7.10 Begin hike: (25min to Peak 1, 20min to Peak 2)**  
**8.00 Hike back to car park (30min)**  
**8.30 Drive to Mt Beerburrum (15min)**

\*No facilities here! Closest is a 5mins drive north to Beerwah Marketplace and Village- the public toilets are right next to the Woolworths.  
Facilities at Mtn #3

**ADDRESS: "2672 OLD GYMPIE RD"**



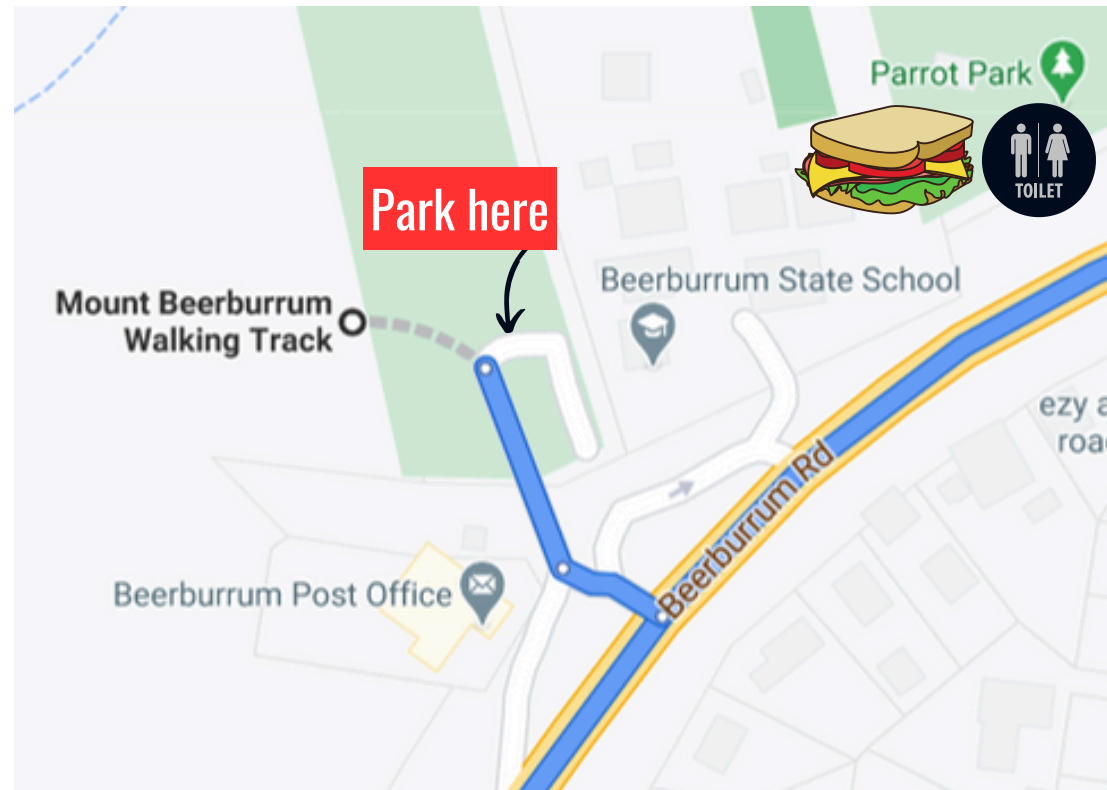
About:

- 2.4km loop ascending two summits;
- Elevation gain 205m
- Elevation above sea level 235m;
- Rocky, steep uneven terrain, boulder scrambling.





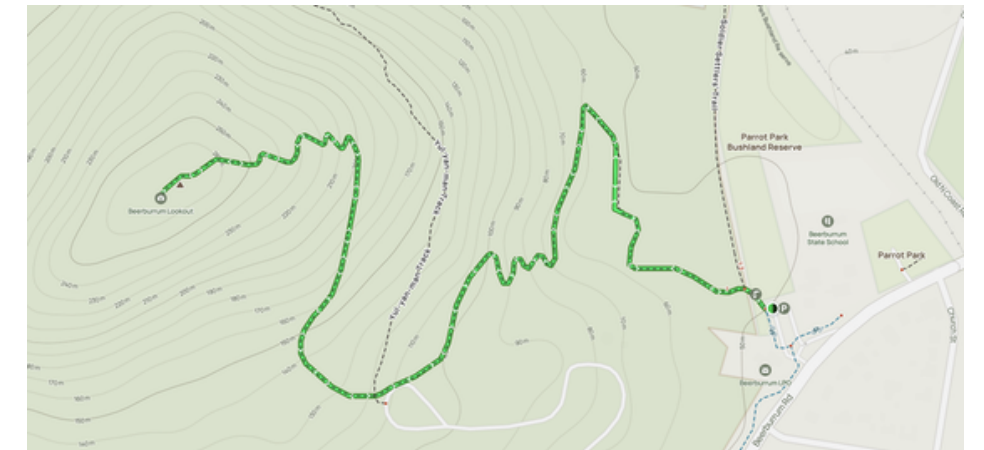
### 3. MOUNT BEERBURRUM



8.45 Toilet break  
9.00 Begin hike (35min)  
9.55 Hike back to carpark (35min)  
10.30 Lunch - Parrot Park  
11.30 Drive to Mt Tibberoowuccum (9min)

\*Public toilets located in Parrot Park.

ADDRESS: "MOUNT BEERBURRUM WALKING TRACK"



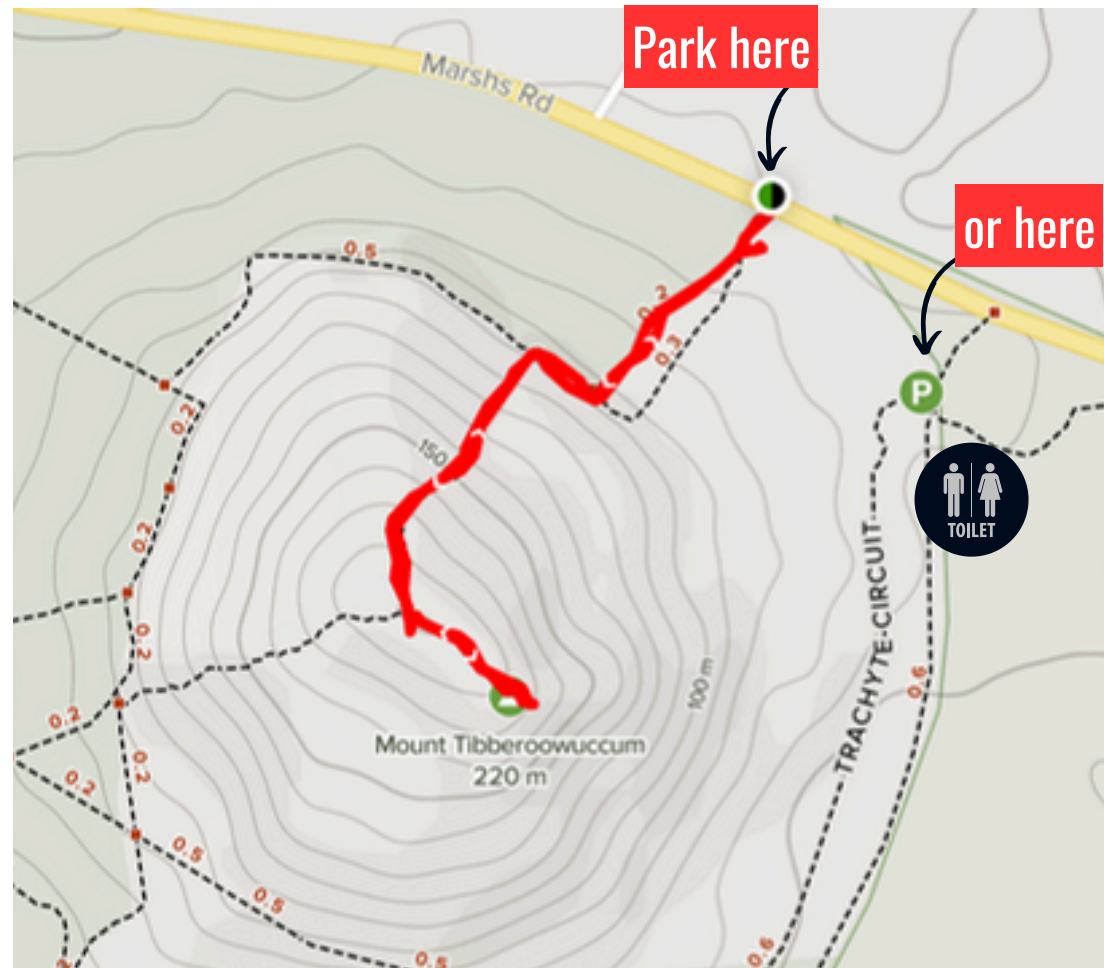
About:

- 3.5km return
- Elevation gain 153m
- Elevation above sea level 280m
- 1km of flat bush trail followed by 750m of paved steep concrete path





## 4. MOUNT TIBBEROOWUCCUM



11.40 Begin Hike (30min)  
12.15 Hike back to carpark (30min)  
12.45 Drive to Mt Ngungun (6min)

\*Park on side of the road opposite the gate OR further along at the designated Mt Tibrogargan carpark.

\*Toilets are located up from the carpark.

ADDRESS: "127 MARSHS RD"



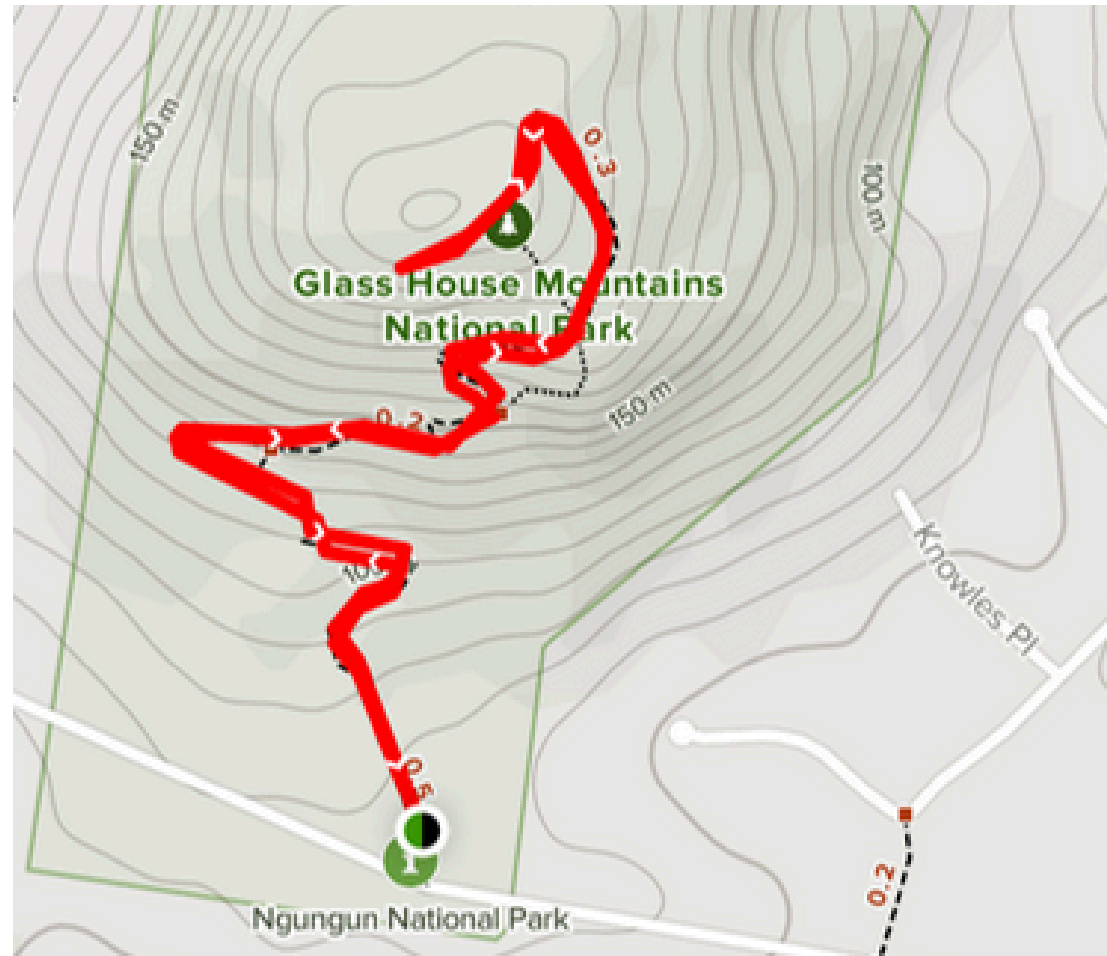
About:

- 1.8km return
- Elevation gain 142m
- Elevation above sea level 220m
- Rocky uneven terrain, scramble and small climb





## 5. MOUNT NGUNGUN



12.55 Begin Hike (25min)  
12.20 Hike back to carpark (30min)  
1.10 PEAKS 4 KRISTEN COMPLETE!

ADDRESS: "MOUNT NGUNGUN SUMMIT TRACK CARPARK"



About:  
•2.9km return  
•Elevation gain 163m  
•Elevation above sea level 253m  
•Man-made steps and rock trail



Thank you for joining the adventure! Through Peaks 4 Kristen we aim to raise awareness and funds for Ovarian Cancer research. Please share the page with your networks and tell your loved ones about Ovarian Cancer.